

LOCATION OF DIVING DEEPER

St. Joseph the Worker Catholic Church
332 Augusta St E, Russell, MB

DATES & TIMES

2025	
Saturday	October 25
Saturday	November 22
2026	
Saturday	January 24
Saturday	February 28
Saturday	March 28

Time: 10:00 a.m. (Mass) to 4:30 p.m.
Please bring your own lunch.

ACCOMODATION

Holy Trinity Retreat House, near Binscarth, located 20 minutes southwest of Russell. 5 rooms available. Please contact Deacon Darin & Carlene Douglas.

For more information:

Marycia Kruk
Associate Director of Catechetics & Faith
Formation for the Parkland &
Westman Deaneries
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Deacon Darin & Carlene Douglas
Director of Diving Deeper Adult Faith
Formation
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DIVING DEEPER

- exploring the depths of our faith -



— ARCHDIOCESE OF —
WINNIPEG

Adult Faith Formation

With joy you will draw water
from the fountains of salvation.

Isaiah 12:3

***“Everyone who drinks this water
will be thirsty again;
but whoever drinks
the water I shall give will never thirst;
the water I shall give
will become in him a spring of
water welling up to eternal life.”***

John 4: 13-14



WHAT IS IT?

DIVING DEEPER is an adult faith formation program for those who desire to grow both personally and spiritually through our Catholic faith.

We gather for 5 sessions on the last Saturday of the month (excluding December) from October 2025 –March 2026.

DIVING DEEPER provides an adult environment for participants to be transformed by God's grace, enriching their faith and lives through learning, community, and prayer.

WHO IS IT FOR?

This 5 session faith formation process is designed for ANY Catholic adult who has received the Sacrament of Confirmation and who desires to grow in our Catholic faith.

WHAT IS ADULT FAITH FORMATION?

Adult formation does not just provide content and information, but it also engages the whole person—intellect, beliefs, values, and life experience—in a process and practice of Christian maturity. As adults, we learn together from our sharing of life experiences.

Formation fosters a sense of trust and community among the participants and encourages interactive sharing to enable us to grow and learn from one another in the context of our Catholic faith.

WHAT DOES IT COST?

DIVING DEEPER is sponsored by the Archdiocese of Winnipeg through the generous contributions of parishioners to Sharing God's Gifts. **There is no registration fee.**

HOW TO REGISTER

Please ask your parish priest or office for registration forms or reach out to our contact persons. Please register by September 2025.

FREQUENTLY ASKED QUESTIONS

Q: Do I have to attend all 5 Saturdays?

A: Participants are asked to attend all sessions unless unavailable due to illness or weather.

Q: Will there be group discussion?

A: Yes, there will be small group discussion and large group sharing.

Q: I have attended Nathanael/The Summons programs, can I also attend Diving Deeper?

A: Yes! Diving Deeper is a separate program that will explore different topics.

FORMATION TEAM

Fr. Paul Bisson, Fr. José Cabral,
Fr. Leo Fernandes, Fr. Michael Wollbaum,
Deacon Darin & Carlene Douglas,
Marycia Kruk

2025-2026 Theme: The Holy Mass